LIFE@SP

Omer
SP Soccer

Arts
Go Global
Leaders
Service-Learning
Sports & Wellness
Clubs

I WON MY FIRST COMPETITION
As you embark on your exhilarating journey in Singapore Polytechnic, you will forge new friendships and garner new experiences that will last you a lifetime.

Here at the Department of Student Development (SD), we are dedicated to help you foster your passion, while developing leadership and life skills with a diverse range of activities and programmes.

Journey out of your comfort zone and develop your potential. Get your diploma and have fun at the same time!

Check out our events and programmes at life.sp.edu.sg and follow us @lifeatsp on Instagram.

Practising MMA, specifically Brazilian Jiu-Jitsu, has taught me many life lessons. It helped me cope with anxiety as well as learn how to be resilient and focused.

Chloe Wee
SP Mixed Martial Arts

THE JOURNEY OF A THOUSAND MILES BEGINS WITH A SINGLE STEP

- Lao-Tzu

Scan to find out more information about LIFE@SP
FEEL THE ARTS
FEEL THE VIBE. TIME TO SHINE!

Are you a closet bathroom singer? A b-boy wannabe on Dance Central? Yearning to be a star on stage?

Come join our performing arts CCAs and get the chance to perform at our annual Arts Fiesta, where the best of SP’s talents showcase their work in a month-long festival from contemporary jazz to classical Chinese orchestra, intense dramas and flamboyant dance shows.

EXPLORE NEW FRONTIERS.
GO GLOBAL.

Meet students from overseas and establish friendships. Learn about their cultures and experience different ways of life.

Help your overseas friends experience what is uniquely Singapore! Share your favourite hangouts with them!

Join the Go Global Exchange Programmes and broaden your global mindset.

BASK IN THE LIMELIGHT AND LET YOUR TALENTS SHOW!
In SP, we believe that everyone can be a leader. Our Leadership Programme (LEAP) is a 4-level progressive programme designed to groom our student leaders through a series of customised experiential learning programmes based on established leadership theories and frameworks. Through LEAP, you will learn to inspire others, be empowered with the skills to serve the community and achieve your goals!

Join LEAP to unleash your hidden leadership potential.

BE PART OF THE NYAA JOURNEY AND EXPERIENCE THE MANY OPPORTUNITIES THAT IT OFFERS. ALONG THE WAY, YOU WILL LEARN TO APPRECIATE THE SPIRIT OF SERVICE, MAKE HEALTHY LIVING AN INTEGRAL PART OF YOU AND DEVELOP YOUR LEADERSHIP SKILLS WHILE SERVING THE NEEDS OF THE COMMUNITY.

The journey may be long, but you will grow from the many learning opportunities and satisfying experiences.
SERVICE-LEARNING
LEARN TO SERVE, SERVE TO LEARN

Make a difference while serving the community locally or overseas!

Discover the joy and meaning in a Service-Learning journey, from bringing cheer to the elderly, to lending a helping hand to the vulnerable, and engaging children and youths in the region to conduct educational programmes, there are so many ways you can contribute and grow!

Be the catalyst for change as you play a part for the underprivileged by participating in the Service-Learning projects available.

SPORTS & WELLNESS

Plan a workout at our gym, get into the groove with Hip-Hop dance or learn about mental health at our Sports & Wellness programme!

Be it learning a new sport from our certified coaches at Sports for Life programme or immersing in health talks, workouts and events, journey with us to make our campus — A Healthy SP!

Choose from a wide variety of sports CCAs or participate in the many sports events held throughout the year like the annual Poly50 Campus Relay and a complete host of national and international competitions! You may even get a chance to go on an overseas sports exchange!

PUSHING BOUNDARIES. REDEFINING CHAMPIONS.

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PUSHING BOUNDARIES. REDEFINING CHAMPIONS.
### SP STUDENT CLUBS

#### Constituent Clubs
- Architecture & the Built Environment Club
- Chemical & Life Sciences Club
- Community Service & Cultural Club
- Current Affairs & Debating Club
- Electrical & Electronic Engineering Club
- Mechanical & Aeronautical Engineering Club
- Media, Arts & Design School Club
- School of Business Club
- School of Computing Club
- Singapore Maritime Academy Club
- Singapore Polytechnic Students’ Union
- SP Students Sports Club

#### Arts & Culture
- SP Chinese Music & Cultural Club
- SP Chinese Orchestra
- SP Comperes
- SP Dance Sport
- SP Deejays
- SP Garage Band
- SP Guitarists
- SP Harmonica Ensemble
- SP Indian Cultural Society
- SP Japanese Cultural Club
- SP Jazz Band
- SP Life Arts
- SP Lion Dance
- SP Makeup Artist Club
- SP Malay Language Society
- SP Piano Ensemble
- SP Stage Management Club
- SP Strictly Dance Zone
- SP String Ensemble
- SP Symphonic Band
- SP Theatre Compass
- SP Vocal Talents

#### Special Interests
- SP Ambassadors
- SP Astronomers
- SP Aviation Club
- SP Buddhist Society
- SP Campus Crusade for Christ
- SP Catholic Students’ Society
- SP Christian Fellowship
- SP Civil Defence
- SP Entrepreneurs Club
- SP Infocomm Club
- SP International Students Club
- SP Makers
- SP Memory Sports Club
- SP Navigators
- SP NYAA Ambassadors
- SP Peer Support Club
- SP Photography Club
- SP Red Cross
- SP Robotics Innovation & Technology Enterprise
- SP Student Exchange Club
- SP Videography Club

#### Service-Learning
- SP BP Mentoring Club
- SP Environment Club
- SP Leo Club
- SP Primers
- SP Rotaract Club
- SP Sign Language Club
- SP Welfare Services Club

#### Sports & Adventure
- SP Adventurers
- SP Aikido
- SP Archery
- SP Badminton
- SP Basketball
- SP Bowling
- SP Canoe Polo
- SP Canoe Sprint
- SP Cyclists
- SP Darts
- SP Dragon Boat
- SP Fencing
- SP Floorball
- SP Handball
- SP Hockey
- SP Judo
- SP Karate
- SP Kenjutsu
- SP Krav Maga
- SP Lifesavers
- SP Mind Sports
- SP Mixed Martial Arts
- SP Muay Thai
- SP Netball
- SP Pool
- SP Rock Climbers
- SP Rugby
- SP Sailing
- SP Sanda
- SP Shooting
- SP Silat
- SP Skates
- SP Soccer
- SP Softball
- SP Squash
- SP Strength Athletics
- SP Swimming
- SP Table Tennis
- SP Taekwondo
- SP Tchoukball
- SP Tennis
- SP Touch Football
- SP Track & Field
- SP Ultimate (Frisbee)
- SP Volleyball
- SP Water Polo
- SP Wing Chun
- SP Wushu
FACILITIES
SHINE WITH TEAM SP

Nurture and bring out the sportsman/sportswoman in you by making use of the wide range of multi-purpose facilities in the campus:

• Olympic-sized pool
• Soccer fields
• Basketball courts
• Tennis courts
• Badminton courts
• Squash courts
• Dance studios
• Multi-purpose field
• Table tennis tables
• Indoor multi-purpose courts
• 30-metre rock climbing wall
• Stadium with 400m standard track

SPORTS AND ARTS SCHOLARSHIP AWARDS

The Sports & Arts Scholarships recognise students who have excelled in or contributed to the sports and arts scene at the national level or higher.

Represent Singapore in sports or arts to qualify for grants up to $2,000 per academic year!

WE MAKE YOUR DREAMS A REALITY
“CANOE SPRINTING ALLOWED ME TO ACQUIRE KNOWLEDGE AND SKILLS OUTSIDE OF THE NORMAL CURRICULUM AND BUILD STRONG FRIENDSHIPS AND TEAM SPIRIT.”
For more information regarding student clubs, activities and programmes, please contact:

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Website: life.sp.edu.sg  
Follow us on Instagram: @lifeatsp

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The polytechnic reserves the right to alter the information in this publication. Information is correct as of December 2021.